

# Recipes

MY COOKBOOK

# RECIPE Tuscan chicken mac + cheese

Mains

Example page: delete me 😊



PREP TIME: 5 minutes?

COOK TIME: 45 minutes

SERVINGS: 8

## NOTES

Next time try adding more sun dried tomato! Also, can add spinach as well.

It was delicious, my favorite mac + cheese so far.

THIS WEEK:



## INGREDIENTS

- ✓ Shredded cheese (mozzarella)
- ✓ Elbow pasta
- ✓ Sun dried tomato - 8 oz
- ✓ Half and half
- ✓ 2 Chicken breasts
- ✓ Paprika
- ✓ Salt + pepper
- ✓ Italian spices mix
- ✓ Butter
- ✓ Garlic
- ✓ Onion
- ✓ Parsley
- ✓ Olive oil
- ✓ Garlic bread (optional)

## INSTRUCTIONS

Season the chicken with paprika, salt, pepper, and garlic. Cook with olive oil, cut, and then set aside. Dice an onion and a garlic clove. With butter on pan add these and cook until translucent. Add sun dried (or canned) tomatoes and mix well. Add half and half, bringing to a simmer. Add Italian spices and elbow pasta to sauce. Cook the pasta until 'al dente' and then add the shredded mozzarella (and/or other cheeses), mixing well on low heat. Plate with chicken, parsley, and garlic bread.

Ran out - buy more

Breakfast

Mains

Soup

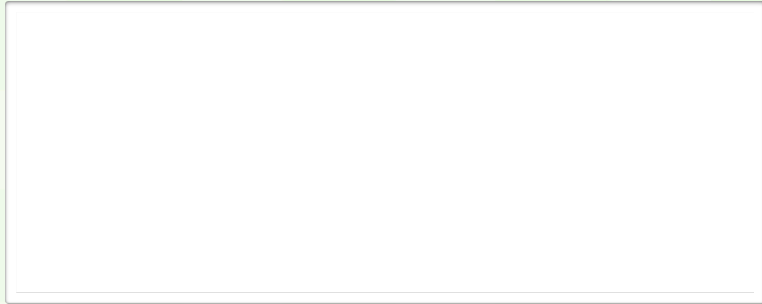
Salad

Snack

Dessert

Drinks

Other



◆ NOTES



Breakfast

Mains

Soup

Salad

Snack

Dessert

Drinks

Other

**RECIPE**

Breakfast

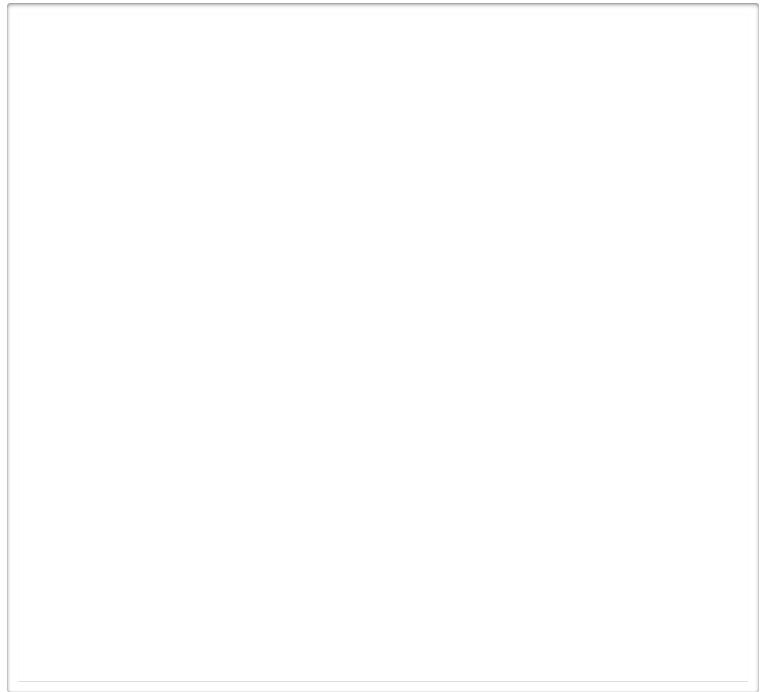


PREP TIME:

COOK TIME:

SERVINGS:

**NOTES**



**INGREDIENTS**

**INSTRUCTIONS**

Horizontal lines for writing ingredients

Horizontal lines for writing instructions



Breakfast

Mains

Soup

Salad

Snack

Dessert

Drinks

Other

**RECIPE**

Mains

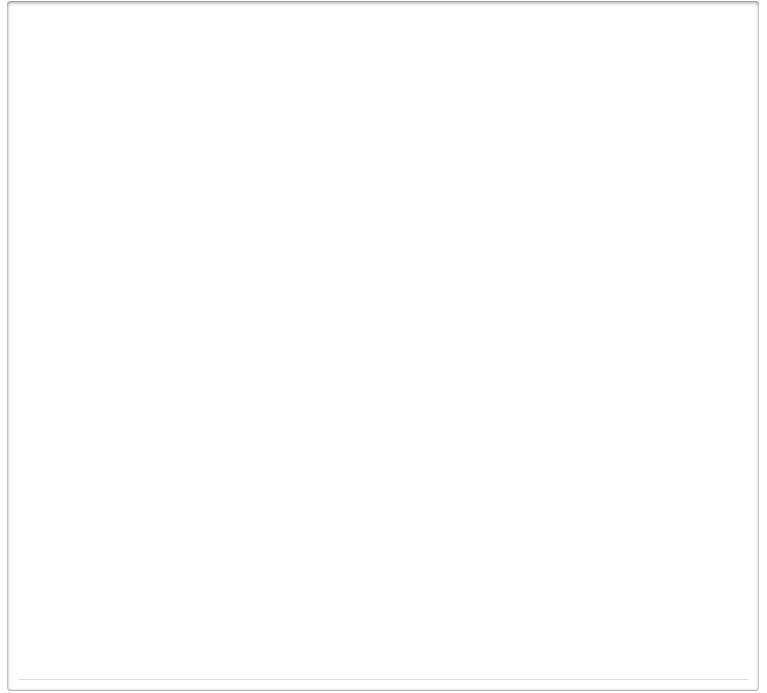


PREP TIME:

COOK TIME:

SERVINGS:

**NOTES**



**INGREDIENTS**

**INSTRUCTIONS**

Lined area for writing ingredients

Lined area for writing instructions



Breakfast

Mains

Soup

Salad

Snack

Dessert

Drinks

Other

**RECIPE**

Soup

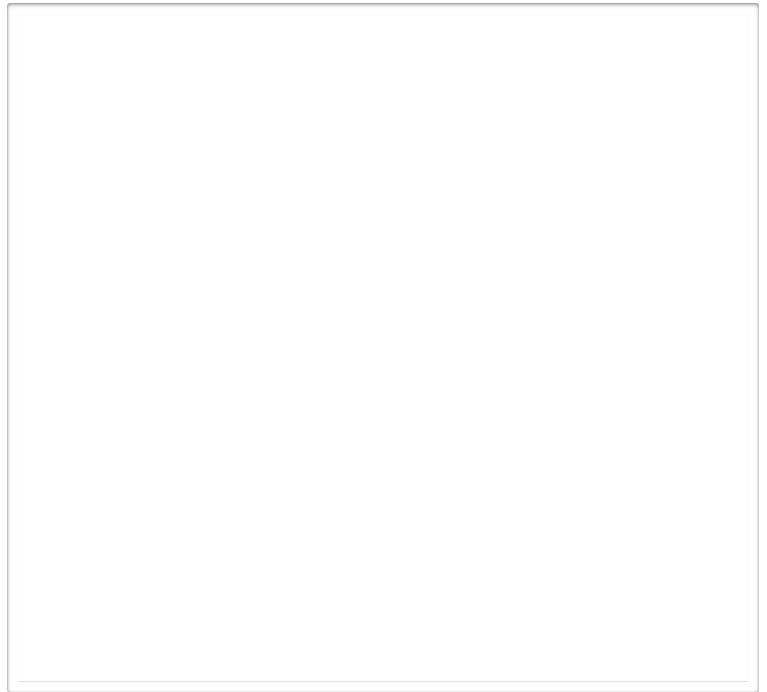


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**INSTRUCTIONS**

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Soup

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**RECIPE**

Salad

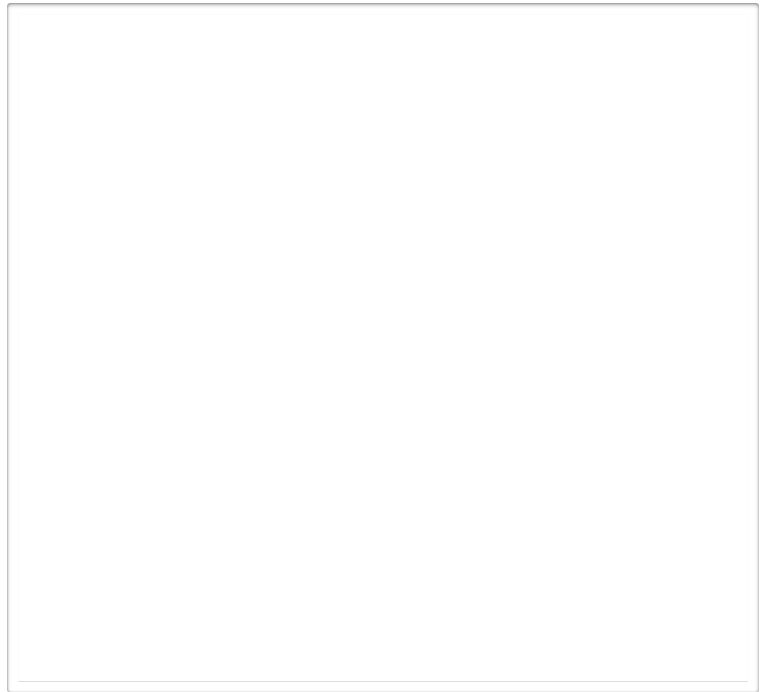


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Other



**RECIPE**

Snack

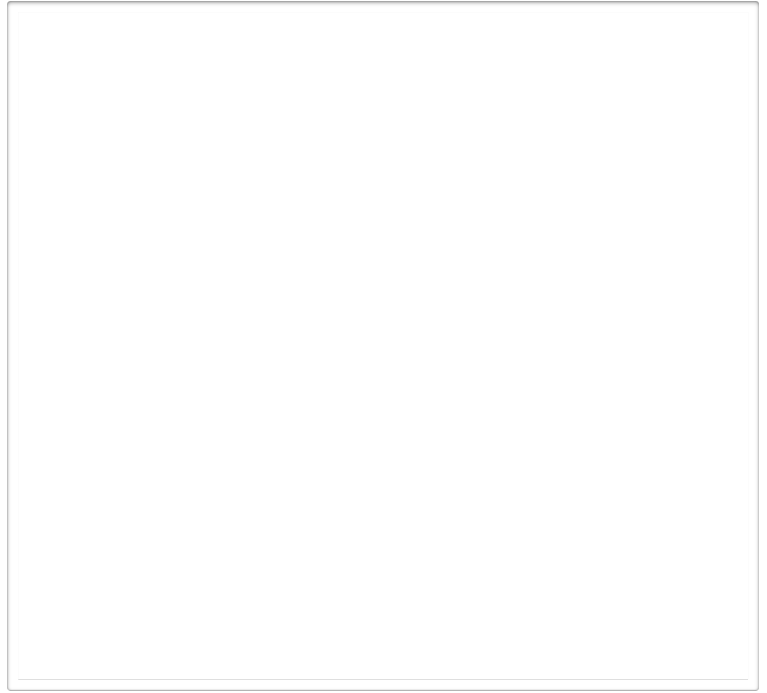


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**RECIPE**

Dessert



PREP TIME:

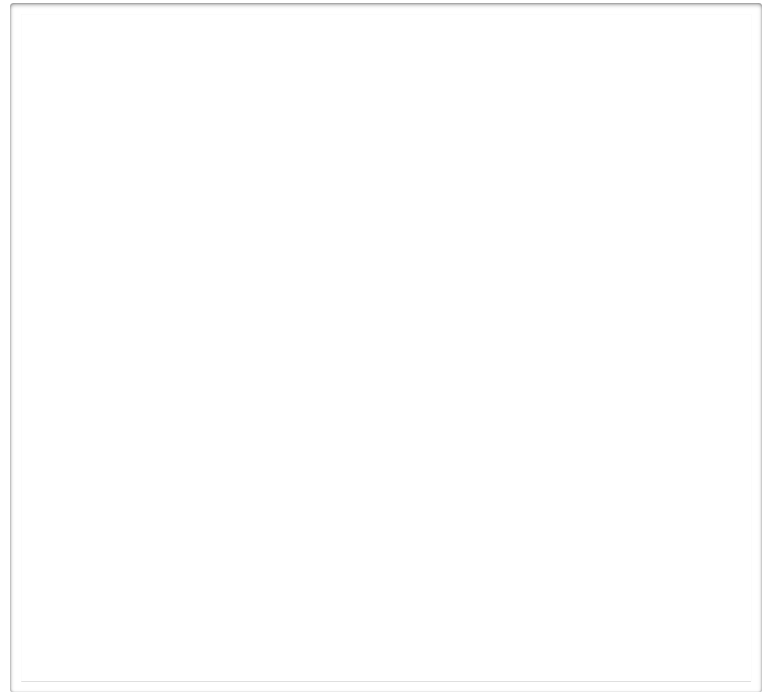
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**NOTES**

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**INSTRUCTIONS**



Breakfast

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Salad

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Dessert

Drinks

Other

**RECIPE**

Drinks

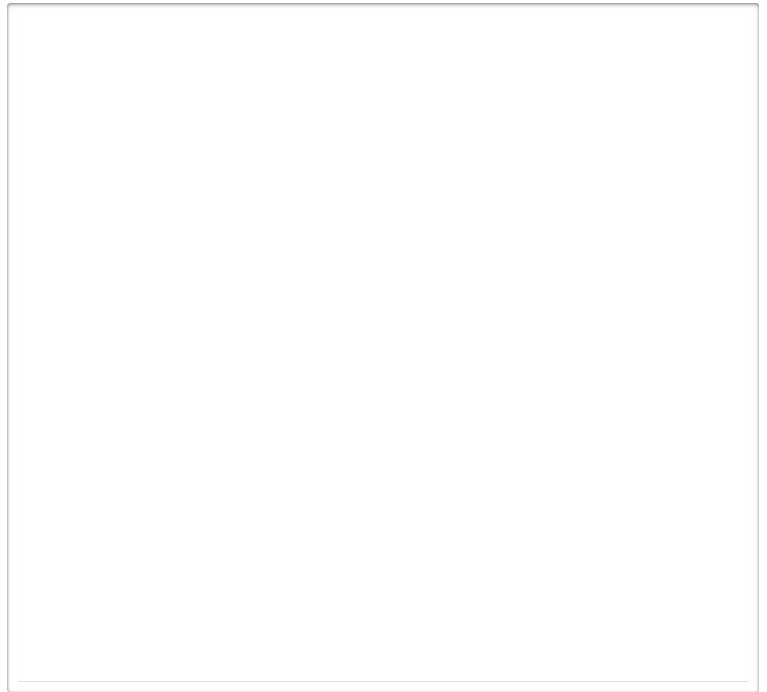


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**RECIPE**

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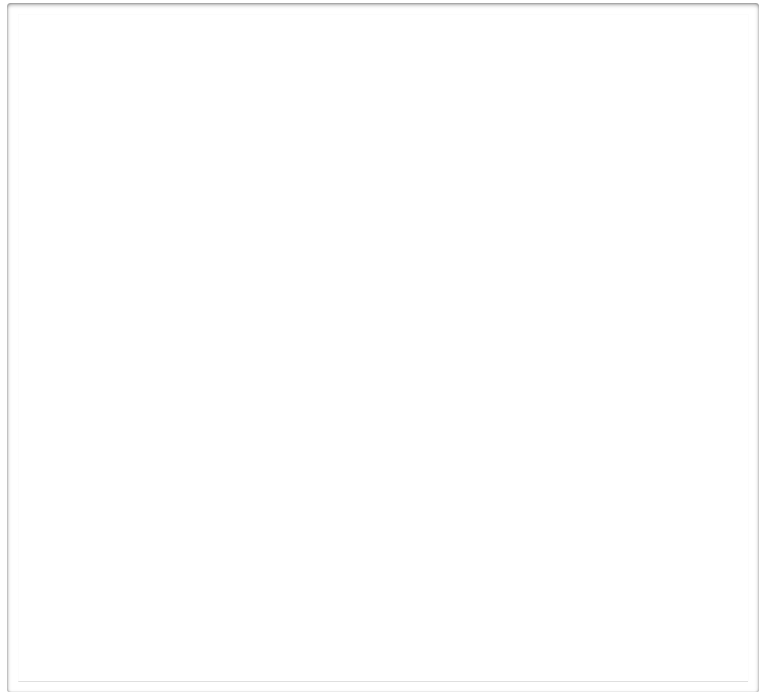


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